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September 17, 2018

Jose Garcia, J.D.
Garcia, Geragos and Stein, PC
1232 17th Street
Suite 1025
Denver, CO 80112

Re: James Bond

Future Medical Care & Cost Report

Dear Mr. Garcia,

At your request I am offering my opinions and comments regarding the Future Medical Care & Costs for your client James Bond. Mr. Bond was involved in an auto crash on January 22, 2018. I interviewed Mr. Bond by telephone on September 10, 2018 for approximately 1 hour.

Records Reviewed

Denver Police Department Traffic Accident Report 1-22-18
Acute Care Center, PC 1-22-18
Colorado Imaging Associates 3-1-18
Denver Primary Care Physicians Clinic 1-25-18 to 8-28-18
Twist Chiropractic Clinic, PC 2-27-18 to 5-6-18
Mountain Medical Center, Inc. 2-23-18
Foothills Orthopedic Associates 6-1-18 to 9-6-18

Brief History of Events

On January 22, 2018 James Bond was the properly restrained driver of a 2017 Aston Martin DB5. Mr. Bond was about to drive north through an intersection with the right of way. A 2016 Chevrolet Sebring attempted to cross west through the intersection against traffic. Mr. Bond saw the other car move into the intersection and applied his brakes. His car skidded approximately 65 feet and hit the left rear panel of the Sebring. Mr. Bond's vehicle hit the offending vehicle with enough force to change the direction of his car, resulting in his car facing west when it came to rest after the crash. These facts are confirmed in the accident report prepared by the Denver Police Department, Officer A. Brown reporting.

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Mr. Bond has experienced ongoing mid-line sharp and aching low back pain since the auto crash. The pain originates at the L5-S1 level and is greater on the right. Mr. Bond reports on a pain rating scale, with zero representing no pain and 10 pain severe enough to lose consciousness, that his average daily pain level is 5/10. He reports his pain is aggravated by being in a sitting position for approximately 15 minutes or more. After 15 minutes Mr. Bond's pain level rises to 6/10. If Mr. Bond is forced to sit for 1-2 hours his pain level reaches a 7/10 level. Mr. Bond reports his pain is always exacerbated by sitting. Mr. Bond further states once he has an exacerbation of his low back pain, the pain will last for 1-2 days. Mr. Bond reports he must sit in a reclining position if forced to sit and this fact necessitated the purchase a recliner for his home.

Mr. Bond reports his low back pain problem "has altered my life extremely." He goes on to state "it is depressing." He reports that his previous normal work life and his social life have been radically changed. Mr. Bond can no longer work at his job that requires him to sit at a desk. In addition, Mr. Bond states his social life has been "destroyed." He cannot go out with friends to a restaurant, movie, etc. due to his inability to sit. If Mr. Bond does go to a restaurant with friends he literally has to find a place to stand while his friends sit at a table. Mr. Bond denies any previous history of back pain.

Mr. Bond had a lumbar MRI on 3-1-18 which showed a ruptured disc at L5-S1 with an annular tear and nerve root impingement of the right L5-S1 nerve root.

Mr. Bond also reports the onset of depression starting approximately 2 months after the auto crash. He reports depressed mood, 15 pound weight loss, difficulty staying asleep, low self-esteem, loss of libido, fatigue and intrusive thoughts of the accident. These symptoms have persisted. He attributes much of his depression to constant pain and loss of normal activities. Mr. Bond has no previous history of depression.

Treatment Since the January 22, 2017 Auto Crash

Physical Therapy

Chiropractic Treatment

Acupuncture

Medications

Epidural Steroid Injections

Psychological Individual Therapy

Estimated Future Medical Care & Costs

Mr. Bond is 41 years old. By Soc. Sec. Life Expectancy tables, his life expectancy is 36.1 years.

Proposed L5-S1 Microdiscectomy	\$ 50,000
Out-Patient Post-Surgical Physician Care	\$ 2,000
Medications	\$ 6,000
Physical Therapy	\$ 2,250
X-rays & Imaging	\$ 6,000
Continued Psychotherapy	\$ 4,000
Health Club Membership	\$ 3,600
Total	\$ 73,850

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John Watson, M.D. is Mr. Bond's orthopedic surgeon and Dr. Watson has recommended Mr. Bond have a Microdiscectomy. The approximate cost for the surgeon's fee, anesthesiologist and facility/hospital fee will be approximately \$50,000. Mr. Bond will need post-surgical out-patient follow-up with Dr. Watson that I estimate at \$250 per visit for a total of 8 visits. Mr. Bond will be prescribed pain medication and possible other medications if necessary (muscle relaxants, antibiotics, anti-inflammatories) for an estimated \$6000. Mr. Bond will be prescribed a course of post-operative physical therapy, I estimate 15 sessions at \$150 per session. It is possible further x-rays or imaging may be needed at \$6,000. Any good course of physical therapy ends in a home exercise program. Mr. Bond should be afforded a health club membership for 3 years at \$100 per month.

Mr. Bond will most likely recover from his depression if the surgery is successful and he has an elimination or significant reduction of back pain. Mr. Bond should be afforded continued psychotherapy sessions through his post-surgical recovery at \$200 per session for 20 sessions over 26 weeks.

In the unlikely event the surgery does not relieve Mr. Bond's pain (although that is a potential outcome) further treatment will be needed and I can write a supplemental report if needed that would include a more comprehensive pain management program.

Please call me if you have further questions. My CV is included.

Sincerely,

Armin Feldman, M.D.
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